
HOME CARE SERVICES

**For Iris Park Commons Residents
Are available from**

EPISCOPAL HOME CARE AND SERVICES

**490 East Lynnhurst Avenue
Saint Paul, Minnesota 55104
(651) 632-8808**

**Home Care Director: Mike Karel – (651) 632-8812
RN Supervisor: Roogie Balde – (651) 632-8808**

SERVICE DESCRIPTIONS AND FEES

The registered nurse will determine the levels of care based on the individual needs of each client. Episcopal Home Care has established a point system, based on how much time Episcopal Home Care spends in order to deliver services to meet a client's needs. Below are the service levels and fees; see the last page of this attachment for the fees corresponding to the different point levels. Unless there is a change in the client's condition that requires a change in services, the levels of service will remain consistent for the entire month. When there is a change in the client's condition that requires a change in services, an assessment will be conducted and levels of service adjusted accordingly.

As a condition of residency, a client living at Iris Park Commons is required to pay the monthly Wellness Program Fee, even if the client does not choose to receive all the services included in the Wellness Program package.

SERVICES AND FEES ONLY FOR CLIENTS LIVING AT IRIS PARK COMMONS:

“Welcome Home” Package

Complimentary for all new residents

We developed our “Welcome Home” package to shorten the time it takes for you to feel “at home” in your new home. We’ll introduce you to all of our staff members and to all of your new neighbors. We’ll make sure that you know how everything in your apartment works. We’ll escort you to all of your meals and to any activities you choose for five days. We’ll show you how to get to our two chapels, our beauty shop, our gift shop and our café too. Iris Park Commons is called “A Community of Heart,” and it won’t take long for you to discover why.

Wellness Program **\$320.00 monthly per single occupancy (not Pro-rated)**
\$495.00 monthly per double occupancy (not Pro-rated)

Each Iris Park Commons resident must pay the Wellness Program Fee as a condition of residency. The fee includes:

- Home Health Staff available on site 24 hours/day.
- Nursing staff on site Monday through Friday during business hours
- RN or LPN available by phone 24 hours/day for staff consultation
- Registered Nurse coordination & supervision of staff to promote quality care
- Response to emergency pendant calls for health related emergencies and nurse follow up. Response may include up to four units per month of Home Health Services. If continued care results, services will be charged at the designated incremental rate.
- Individual Health Chart Management
- On-going assessment and evaluation of health every month, including monthly vital check (Blood pressure, weight, pulse and respiration).
- Monitoring of morning and evening "I'm Okay" cord checks
- Daily "I'm Okay" checks at Dinner and Supper meals.
- Wellness Presentations hosted by licensed staff. (Care, evaluations and treatment are not provided at these presentations.)
- Weekly housekeeping, including washing and changing bed linens

ADDITIONAL SERVICES AND FEES

Initial Assessment by Registered Nurse - \$175.00 per person; \$250.00 per couple

Included is a nursing assessment regarding personal hygiene needs and prescribed medication regime. This assessment is required of all Iris Park residents who choose to receive home care services through our program. (One-time only fee)

Home Health Aide Services:

Bathing Assistance Package

This service provides assistance with morning showers each week. This includes set up of supplies necessary for shower, ensuring appropriate water temperature, hands on assistance to ensure good personal hygiene, observation of skin conditions and application of lotion (if desired). Showers are scheduled for 60 minutes each. Additional time will be charged on a 15 minute basis.

Level I	1 shower per week	4 points monthly per person
Level II	2 shower per week	8 points monthly per person

Level III	3 shower per week	12 points monthly per person
Level IV	4 shower per week	16 points monthly per person

AM Dressing & Grooming/Medication Reminder

AM Dressing and Grooming/Medication Reminder consists primarily of verbal reminders and/or cueing. The service includes a customized selection of dressing and grooming services needed by the client to prepare for the day. This service is scheduled by level and may involve the application of Ted hoses as prescribed, personal grooming such as hair care, pericare, shaving, oral hygiene, lotion, powder, and/or make-up application. Medication reminder included, if necessary.

Level I	15 minutes per morning	7 points monthly per person
Level II	30 minutes per morning	14 points monthly per person
Level III	45 minutes per morning	21 points monthly per person
Level IV	60 minutes per morning	28 points monthly per person
Level V	75 minutes per morning	35 points monthly per person

PM Dressing & Grooming/Medication Reminder

Evening Dressing and Grooming/Medication Reminder consists primarily of verbal reminders and/or cueing. The service includes a customized selection of dressing and grooming services needed by the client to prepare for bed. This service is scheduled by level and may involve the removal of Ted hoses as prescribed, personal grooming such as hair care, pericare, oral hygiene, lotion, powder as desired. Medication reminder included, if necessary.

Level I	15 minutes per evening	7 points monthly per person
Level II	30 minutes per evening	14 points monthly per person
Level III	45 minutes per evening	21 points monthly per person
Level IV	60 minutes per evening	28 points monthly per person

Home Health Aide Tasks

1 point per 15 minute unit

This service provides daily service up to four times per day for scheduled home health aide tasks such as refilling oxygen tanks, catheter bag service, ostomy, simple dressing changes, vital signs or range of motion exercises as ordered by a physician. Services are scheduled in 15 minutes increments. Clients may combine service tasks per visit provided services do not exceed package limit. Additional services performed will be charged as an unscheduled service.

Once a schedule is established, the service will be calculated at a monthly rate.

Therapeutic Ambulation

1 point per 15 minute unit

This service includes the assistance of one Home Health Aide to assist client in walking for exercise, range of motion or maintenance purposes within the building. This service may be customized to an individual's needs.

Once a schedule is established, the service will be calculated at a monthly rate.

Medication Management Packages

Medication Set Up Package I

6 points monthly per person

Seven (7) or fewer medications

For this service, the client is able to take medications on his/her own, but requests a licensed nurse to set up medications according to the client's needs in containers labeled for the day of the week. The number of medications is defined by the physician's orders, which may include oral medications, ointments, PRN (as needed), over-the-counter and/or eye/ear drops. Storage of all medications and their containers will be in each client's apartment between set-ups.

This service includes one (1) medication change per month. Medication changes include but are not limited to changes in the prescriptions or doses. Medication changes above and beyond the changes included in the service level will be charged a Medication Change. (See Incremental Services)

This service level also includes:

- Phone consultation with the physician for orders, changes and other services the physician may want in regard to the medications.
- Ordering of prescriptions and refills from the pharmacy. Delivery of the medication with the contracted pharmacy
- Periodic RN assessments of medication and their affects on the client

Medication Set Up Package II

8 points monthly per person

Same as Medication Set Up Package II but including eight (8) or more medications.

Medication Package (NOT already included in Dressing & Grooming services)

Client receives assistance with or administration of the prescribed medication in accordance with the physician orders and the total number of medication passes per day. Medication may include oral medications, ointments, PRN (as needed) and/or eye/ear drops. The facility will provide a locked drawer/container for medications. A Home Health Aide will provide medication(s) reminders.

Level I	1 pass per day	7 points monthly per person
Level II	2 passes per day	14 points monthly per person
Level III	3 passes per day	21 points monthly per person
Level IV	4 passes per day	28 points monthly per person

Incremental Services

Skilled Nursing

\$75.00 per hour

(Registered Nurse, Licensed Practical Nurse)

Skilled Nursing Visits may constitute assessment of changes in health status, vital signs and wound care. Skilled Nursing Visits: also include care and treatment in emergency situations such as falls, seizures, chest pain or bleeding from injury or illness.

Laboratory/Physician Management

\$25.00 per order

A nurse will coordinate the scheduling of laboratory blood draws and/or other laboratory services such as urine analysis or x-rays as ordered by your physician. These will be conducted through a laboratory outreach service that comes to the facility. The nurse will also coordinate receipt of lab results, communicate with your physician and follow through with any change in your plan of care as directed by the physician. The nurse will also coordinate the orders and paperwork as requested by family and/or physician for all appointments.

Other Incremental Services

Medication changes	\$25.00 per time
B-12 Injections (without other services)	\$50.00 per time
Unscheduled Home Health Aide services	\$8.50 per 15 minute unit
Unscheduled Housekeeping Services	\$8.50 per 15 minute unit
Laundry	\$8.50 per load

Other Information

Episcopal Home Care will provide service(s) from the date of any service(s) is/are activated until the end of the current month. Service(s) are on a month-to-month schedule and renewable monthly. If Resident is away from Resident's apartment (i.e. vacation, extended visit, or hospitalization), Episcopal Home Care requires a three-day advance notice before discontinuing the service(s) and service(s) will be prorated for the month. The Wellness Program Fee is not waived at any time for Iris Park Commons residents. Upon return, an assessment will be conducted to determine if there has been a change in condition before services may resume; Resident may be required to sign a new Service Agreement to reflect any changes in services.

Resident must provide supplies required for the delivery of services. The cost of supplies is not included in the cost of home care services. Some supplies are available for an additional charge.

Iris Park Commons management staff is available to assist clients with any concerns about the services provided through Episcopal Home Care.

EPISCOPAL HOME CARE AND SERVICES

Points System Monthly Fees

Points	Points Charge	Points	Points Charge
0	\$ -	41	\$ 1,510.50
1	\$ 37.00	42	\$ 1,547.00
2	\$ 74.00	43	\$ 1,584.00
3	\$ 110.50	44	\$ 1,621.00
4	\$ 147.50	45	\$ 1,657.50
5	\$ 184.50	46	\$ 1,694.50
6	\$ 221.00	47	\$ 1,731.50
7	\$ 258.00	48	\$ 1,768.00
8	\$ 295.00	49	\$ 1,805.00
9	\$ 331.50	50	\$ 1,842.00
10	\$ 368.50	51	\$ 1,878.50
11	\$ 405.50	52	\$ 1,915.50
12	\$ 442.00	53	\$ 1,952.50
13	\$ 479.00	54	\$ 1,989.00
14	\$ 516.00	55	\$ 2,026.00
15	\$ 552.50	56	\$ 2,063.00
16	\$ 589.50	57	\$ 2,099.50
17	\$ 626.50	58	\$ 2,136.50
18	\$ 663.00	59	\$ 2,173.50
19	\$ 700.00	60	\$ 2,210.00
20	\$ 737.00	61	\$ 2,247.00
21	\$ 773.50	62	\$ 2,284.00
22	\$ 810.50	63	\$ 2,320.50
23	\$ 847.50	64	\$ 2,357.50
24	\$ 884.00	65	\$ 2,394.50
25	\$ 921.00	66	\$ 2,431.00
26	\$ 958.00	67	\$ 2,468.00
27	\$ 994.50	68	\$ 2,505.00
28	\$ 1,031.50	69	\$ 2,541.50
29	\$ 1,068.50	70	\$ 2,578.50
30	\$ 1,105.00	71	\$ 2,615.50
31	\$ 1,142.00	72	\$ 2,652.00
32	\$ 1,179.00	73	\$ 2,689.00
33	\$ 1,215.50	74	\$ 2,726.00
34	\$ 1,252.50	75	\$ 2,762.50
35	\$ 1,289.50	76	\$ 2,799.50
36	\$ 1,326.00	77	\$ 2,836.50
37	\$ 1,363.00	78	\$ 2,873.00
38	\$ 1,400.00	79	\$ 2,910.00
39	\$ 1,436.50	80	\$ 2,947.00
40	\$ 1,473.50	81	\$ 2,983.50